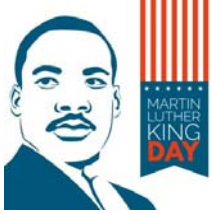


# January

2021

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
	<b>BF:</b> Nutri Grain bar <b>S1:</b> Carrots & Humus <b>L:</b> Turkey Roll Up, Fruit, Potato Chips, Milk <b>S2:</b> Pretzel Chips	<b>BF:</b> Cereal <b>S1:</b> Cauliflower w/ Ranch <b>L:</b> Popcorn Chicken, Brown Rice, Zucchini & Squash, Fruit, Honey Mustard, Milk <b>S2:</b> Animal Crackers	<b>BF:</b> Muffin <b>S1:</b> String cheese/cracker <b>L:</b> Cheeseburger slider, Corn on cob, Fruit, Milk <b>S2:</b> Apple sauce	<b>BF:</b> French Toast Stick or Pancake, Syrup <b>S1:</b> Go-Gurt <b>L:</b> Cheese Pizza, Salad, Fruit, Milk <b>S2:</b> Goldfish
11	12	13	14	15
<b>BF:</b> Bagel, Cream cheese, Jelly <b>S1:</b> Broccoli, Ranch <b>L:</b> Beef Ravioli, Marinara, Parmesan Cheese, Fruit, Milk, Bread <b>S2:</b> Popcorn	<b>BF:</b> Fruit & Yogurt Parfait <b>S1:</b> Cheese Cubes, Crackers <b>L:</b> Ham Sandwich, Potato Chips, Fruit, Milk <b>S2:</b> Graham Crackers	<b>BF:</b> Cereal <b>S1:</b> Banana <b>L:</b> Chicken Pot Pie, Biscuits, Fruit, Milk (NO PEAS) <b>S2:</b> Cheez It's	<b>BF:</b> Muffin <b>S1:</b> Carrots and Humus <b>L:</b> BBQ Pork Sandwich, Mac N Cheese, Fruit, Milk <b>S2:</b> Pretzel Chips	<b>BF:</b> French Toast Stick or Pancake, Syrup <b>S1:</b> String Cheese, Cracker <b>L:</b> Fish Sticks, Tater Sauce, Pasta Salad, Fruit, Milk <b>S2:</b> Animal Crackers
18	19	20	21	22
	<b>BF:</b> Bagel, Cream cheese, Jelly <b>S1:</b> Banana <b>L:</b> Turkey Roll Up, Fruit, Potato Chips, Milk <b>S2:</b> Popcorn	<b>BF:</b> Cereal <b>S1:</b> Cucumber Ranch <b>L:</b> BBQ Chicken Drumsticks, Yellow Rice, Salad, Fruit, Milk <b>S2:</b> Apple Sauce	<b>BF:</b> Muffin <b>S1:</b> Cheese Cubes, Cracker <b>L:</b> Sloppy Joe Sandwich, Cole Slaw, Fruit, Milk <b>S2:</b> Graham Crackers	<b>BF:</b> French Toast Stick or Pancake, Syrup <b>S1:</b> Cucumber & Ranch <b>L:</b> Cheese Pizza, Salad, Fruit, Milk <b>S2:</b> Animal Crackers
25	26	27	28	29
<b>BF:</b> Nutri Grain Bar <b>S1:</b> Carrots & Humus <b>L:</b> Chicken Broccoli Alfredo, Fruit, Bread, Milk <b>S2:</b> Pretzel Chips	<b>BF:</b> Fruit & Yogurt Parfait <b>S1:</b> Banana <b>L:</b> Beef Taco, Rice & Beans, Cheese for Taco, Fruit, Milk <b>S2:</b> Cheez It's	<b>BF:</b> Cereal <b>S1:</b> Cheese Cubes and Crackers <b>L:</b> Popcorn Chicken, Brown Rice, Zucchini & Squash, Fruit, Honey Mustard, Milk <b>S2:</b> Animal Crackers	<b>BF:</b> Muffin <b>S1:</b> Cauliflower w/ Ranch <b>L:</b> Roast Porkloin & Gravy, Mashed Potatoes, Green Beans, Fruit, Milk <b>S2:</b> Animal Crackers	<b>BF:</b> French Toast Stick or Pancake, Syrup <b>S1:</b> String Cheese, Cracker <b>L:</b> Fish Sticks, Tater Sauce, Pasta Salad, Fruit, Milk <b>S2:</b> Popcorn