



October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 B: Muffins S1: Animal Crackers L: Ham Sandwiches, pasta salad, fruit S2: Goldfish	4 B: Cereal S1: Go-Gurt L: Beefaroni, bread, Fruit S2: Boom Chicka Pop Popcorn	5 B: Nutri Grain Bars S1: Mandarin oranges L: Chicken nuggets, Fries, fruit S2: Cheez-Its	6 B: Cereal S1: Cheese sticks L: Chicken Taco Casserole, Tortilla Chips, Fruit S2: Pretzels	7 B: Fruit Yogurt S1: Veggie Straws L: Smoked Sausage, veggies, rice, Fruit S2: Granola Bars
10 B: Muffins S1: Animal Crackers L: Turkey Wrap, Chips, fruit S2: Goldfish	11 B: Cereal S1: Cheese sticks L: Orange Chicken, Broccoli, Rice, Fruit S2: Boom Chicka Pop Popcorn	12 B: Nutri Grain Bars S1: Applesauce L: Corn dogs, salad, fruit S2: Cheez-Its	13 B: Cereal S1: Go-Gurt L: Cheeseburger Mac, Bread, Fruit S2: Pretzels	14 No School School Based Pd
17	18	19	20	21
F A L L B R E A K				
24 B: Muffins S1: Animal Crackers L: Ham Sandwiches, Chips, Fruit S2: Goldfish	25 B: Cereal S1: Gogurt L: Chicken Alfredo w/ Broccoli, Bread, Fruit S2: Boom Chicka Pop Popcorn	26 B: Nutri Grain Bars S1: Bananas L: Buffalo chicken sandwich, Mac and Cheese, Fruit S2: Cheez-Its	27 B: Cereal S1: Cheese sticks L: Beef Taco Casserole, Tortilla Chips, Fruit S2: Pretzels	28 B: Fruit Yogurt S1: Veggie Straws L: Pizza Rolls, Salad, Fruit S2: Granola Bars
31 B: Muffins S1: Animal Crackers L: Turkey Sandwiches, pasta salad, Fruit S2: Goldfish				